

Sturgis Regional Hospital

FY2014-FY2016 Implementation Strategy

For 60 years, Sturgis Regional Hospital has demonstrated its commitment to meeting the health needs of the northern Black Hills region.

This summary outlines Sturgis Regional Hospital's plan (Implementation Strategy) to address our community's health needs by; 1) sustaining efforts operating within a targeted health priority area; 2) developing new programs and initiatives to address identified health needs; and 3) promoting an understanding of these health needs among other community organizations and within the public itself.

Hospital-Level Community Benefit Planning

Priority Health Issues To Be Addressed

In consideration of the top health priorities identified through the Community Health Needs Assessment process — and taking into account hospital resources and overall alignment with the hospital's mission, goals and strategic priorities — it was determined Sturgis Regional Hospital would focus on developing and/or supporting strategies and initiatives to improve:

- **Conditions of Aging**
- **Diabetes**
- **Mental Health & Mental Disorders**
- **Nutrition, Physical Activity & Weight Status**

Integration with Operational Planning

Sturgis Regional Hospital includes a Community Pillar within its operational plan.

Priority Health Issues That Will Not Be Addressed & Why

In acknowledging the wide range of priority health issues emerging from the Community Health Needs Assessment process, Sturgis Regional Hospital determined it could only effectively focus on those which it deemed most pressing, most under-addressed, and most within our ability to influence.

Health Priorities Not Chosen for Action	Reason
Access to Health Services	<i>Sturgis Regional Hospital believes more pressing health needs existed. Lower priority excluded this as an area chosen for action.</i>
Injury & Violence Prevention	<i>Sturgis Regional Hospital has limited expertise available to address injury and violence prevention. The facility will work in collaboration with community partners as opportunity arises.</i>
Maternal, Infant, Child Health	<i>Sturgis Regional Hospital does not provide obstetrical services at the facility. There are other resources in the community that serve this need. Limited resources excluded this as an area chosen for action.</i>
Oral Health	<i>Sturgis Regional Hospital has limited expertise available to address oral health. The facility will work in collaboration with community partners as opportunity arises.</i>
Respiratory Diseases	<i>Sturgis Regional Hospital believes more pressing health needs exist. Lower priority excluded this as an area chosen for action.</i>
Substance Abuse	<i>Sturgis Regional Hospital has limited resources, services and expertise available to address alcohol and other drug issues. Other community organizations have infrastructure and programs in place to better meet this need. Limited resources excluded this as an area chosen for action.</i>
Tobacco Use	<i>Sturgis Regional Hospital provides smoking/tobacco cessation information to patients on tobacco use. The patients are given information on access to the South Dakota QUIT program. Limited resources excluded this as an area chosen for action.</i>

Community Benefit Funding

As part of the Regional Health family, Sturgis Regional Hospital is committed to addressing the health needs of the region. Regional Health reinvests savings derived from the 340B Prescription Drug Program to fund our community investment programs including our community health improvement initiatives for FY2014-FY2016 listed in this report. Our 340B savings also help us to support other community investment programs like our indigent care pharmacy program, our partnership in the Crisis Care Center in Rapid City, and our significant investment in maintaining and improving access to care for the people located in our rural and sparsely-populated region.

Implementation Strategies & Action Plans

The following displays outline Sturgis Regional Hospital's plans to address those priority health issues chosen for action in the FY2014-FY2016 period.

CONDITIONS OF AGING	
Community Partners	<ul style="list-style-type: none"> Sturgis Regional Senior Care
Timeframe	FY2014-FY2016
Goal	Meet the educational needs of the community about taking care of loved ones affected by Alzheimer's disease.
Strategies & Objectives	<p>Strategy #1: Alzheimer's disease is life-changing for both those who are diagnosed and those close to them. Family members can support their loved one better if they understand the disease. Sturgis Regional Hospital recognizes the need for knowledge for caregivers and will collaborate with Sturgis Regional Senior Care in the pilot of the Family Meeting for "Caring for a Loved One with Alzheimer's".</p>
Anticipated Outcomes	<ul style="list-style-type: none"> Provide knowledge and education to caregivers and others about understanding and taking care of Alzheimer's disease affected persons

NUTRITION, PHYSICAL ACTIVITY & WEIGHT STATUS (including DIABETES)

Community Partners

- Backpack Program
- Rapid City Regional Hospital
- Regional Medical Clinics
- Spearfish Regional Surgery Center
- Senior Citizens

Timeframe

FY2014-FY2016

Goal

Sturgis Regional Hospital staff that is competent and knowledgeable in evidence-based diabetes management techniques and education strategies. Develop avenues to promote nutritional knowledge to the public with community partners.

Strategies & Objectives

Strategy #1: Diabetes Management: Through diabetes nurse champions, Sturgis Regional Hospital nursing service will receive evidence-based diabetes care education in order to manage, provide care, and educate patients. Sturgis Regional Hospital will implement evidence-based diabetes protocols.

Strategy #2: Diabetes Management: Sturgis Regional Hospital recognizes that providing consistent, evidence-based diabetes care will assist in the long-term goal of decreasing diabetes related morbidity and mortality in our community. Sturgis Regional Hospital will participate in the system-wide collaborative Diabetes Care Management Pilot being developed through Regional Medical Clinics. Recommendations resulting from the pilot will be implemented at Sturgis Regional Hospital.

Strategy #3: Nutrition Education and Outreach: Opportunities for nutritional education will be identified such as senior housing, places of community gathering, and health fairs. Sturgis Regional Hospital will continue to support the Backpack Program which provides weekend meals to school kids.

Anticipated Outcomes

- Staff that is competent and knowledgeable on evidence-based diabetes management techniques and education strategies
- Consistent diabetes management throughout the continuum of care
- Reduced long-term diabetes morbidity and mortality rates in our community
- Diabetes education to our patients and nutritional education to the community

MENTAL HEALTH & MENTAL DISORDERS

Community Partners

- Behavior Management Systems
- Black Hills Behavioral Health Collaborative
- Front Porch Coalition
- Meade County Mental Health Board
- South Dakota Foundation of Medical Care – Community Transitions Coalition
- The Helpline Center

Timeframe

FY2014-FY2016

Goal

To develop collaboration between multiple community agencies to improve access to mental health care and assist in the continued development of mental health services.

Strategies & Objectives

Strategy #1: Behavioral Health: Via the Northern Hills Community Health Team, an assessment of current behavioral health resources will be conducted utilizing resources such as the Helpline Center and the 2012 Black Hills Mental Health & Substance Abuse Service Needs Survey. This assessment will include, but not be limited to: number and type of behavioral health specialists available in the Northern Hills, current usage of these professionals, and what types of services these specialists are capable of providing. This will be the basis for the long-term goal of addressing the identified needs of: access to behavioral health services, suicide rate and substance abuse.

Anticipated Outcomes

- Definition of the current need for mental health care services in the Northern Hills

Adoption of Implementation Strategy

On June 26, 2013, the Board of Regional Health met to discuss this plan for addressing the community health priorities identified through our Community Health Needs Assessment. Upon review, the Board approved this Sturgis Regional Hospital Implementation Strategy and the related budget items to undertake these measures to meet the health needs of the community.

Regional Health Board Approval & Adoption:

By Tom Morrison, Chair, Regional Health Board

Date

By Van Hyde, Chief Executive Officer, Sturgis Regional Hospital

Date