

Spearfish Regional Hospital

FY2014-FY2016 Implementation Strategy

For 50 years, Spearfish Regional Hospital has demonstrated its commitment to meeting the health needs of the northern Black Hills region.

This summary outlines Spearfish Regional Hospital's plan (Implementation Strategy) to address its community's health needs by; 1) sustaining efforts operating within a targeted health priority area; 2) developing new programs and initiatives to address identified health needs; and 3) promoting an understanding of these health needs among other community organizations and within the public itself.

Hospital-Level Community Benefit Planning

Priority Health Issues To Be Addressed

In consideration of the top health priorities identified through the Community Health Needs Assessment process — and taking into account hospital resources and overall alignment with the hospital's mission, goals and strategic priorities — it was determined Spearfish Regional Hospital would focus on developing and/or supporting strategies and initiatives to improve:

- **Access to Health Services**
- **Conditions of Aging**
- **Diabetes**
- **Injury & Violence Prevention**
- **Mental Health & Mental Disorders**

Integration With Operational Planning

Spearfish Regional Hospital includes a Community Pillar within its operational plan.

Priority Health Issues That Will Not Be Addressed & Why

In acknowledging the wide range of priority health issues emerging from the Community Health Needs Assessment process, Spearfish Regional Hospital determined that it could only effectively focus on those which it deemed most pressing, most under-addressed, and most within our ability to influence.

Health Priorities Not Chosen for Action	Reason
Maternal, Infant, Child Health	<i>As a provider of maternal, infant and child care in the community, Spearfish Regional Hospital recognizes their role in this area. However, limited resources and lower priority excluded this as an area chosen for action.</i>
Oral Health	<i>Spearfish Regional Hospital has limited resources, services and expertise available to address oral health and access to oral health insurance. Other community organizations have infrastructure and programs in place to better meet this need. Limited resources excluded this as an area chosen for action.</i>
Nutrition, Physical Activity & Weight Status	<i>It was determined that more pressing health needs exist. Limited resources and lower priority excluded this as an area chosen for action.</i>
Respiratory Diseases	<i>Spearfish Regional Hospital believes this priority area falls more within the purview of other community resources, including outpatient clinical settings. Participation with the Good Shepherd Clinic positively impacts the ability for those with chronic respiratory disease to access the health care system.</i>
Substance Abuse	<i>Spearfish Regional Hospital believes efforts outlined in our plan for mental health and mental health resources will have a positive impact on the area of substance abuse. A separate set of specific initiatives in this area is not justified at this time.</i>
Tobacco Use	<i>Spearfish Regional Hospital is a tobacco-free facility. The facility provides smoking cessation screening to our patients and provides reference to the South Dakota Quit Line as applicable. Limited resources and lower priority excluded this as an area chosen for action.</i>

Community Benefit Funding

As part of the Regional Health family, Spearfish Regional Hospital is committed to addressing the health needs of the region. Regional Health reinvests savings derived from the 340B Prescription Drug Program to fund our community investment programs including our community health improvement initiatives for FY2014-FY2016 listed in this report. Our 340B savings also help us to support other community investment programs like our indigent care pharmacy program, our partnership in the Crisis Care Center in Rapid City, and our significant investment in maintaining and improving access to care for the people located in our rural and sparsely-populated region.

Implementation Strategies & Action Plans

The following displays outline Spearfish Regional Hospital's plans to address those priority health issues chosen for action in the FY2014-FY2016 period.

ACCESS TO HEALTH SERVICES	
Community Partners	<ul style="list-style-type: none"> • Good Shepherd Clinic • Prairie Hills Transit • Regional On Call Transfer Center • South Dakota Foundation of Medical Care – Community Transitions Coalition • Spearfish Regional Surgery Center • The Helpline Center
Timeframe	FY2014-FY2016
Scope	Low-income and medically vulnerable populations
Strategies & Objectives	<p>Strategy #1: Spearfish Regional Hospital will continue to support the Good Shepherd Clinic (GSC) by providing access to ancillary services for those individuals cared for by the GSC. Good Shepherd Clinic offers free quality medical care to the financially eligible Northern Black Hills residents, ages 19 to 64, who cannot afford medical care, do not have personal health insurance and do not qualify for other medical assistance.</p> <p>Strategy #2: Spearfish Regional Hospital will develop education for employees to help them identify patients who qualify for services at the Good Shepherd Clinic. In cooperation with GSC, Spearfish Regional Hospital will also create a comprehensive list of currently available community health resources. This guide would be available for distribution in Regional Health facilities as well as any other appropriate venues in the Northern Black Hills area.</p> <p>Strategy #3: Spearfish Regional Hospital will join with the South Dakota Foundation of Medical Care – Community Transitions Coalition to develop strategies for transitioning patients to the appropriate resources at discharge. This is a community group involving pharmacists, clinics, long-term care and hospital employees from multiple facilities. The goal of the group is to identify areas of opportunity and to work on developing or improving process that would prevent readmission to the hospital. This group has currently identified two areas of focus: outpatient medication reconciliation and timely follow up by primary care providers.</p> <p>Strategy #4: Spearfish Regional Hospital will support and utilize Regional On Call, a transfer center that coordinates all admission requests from other hospitals and local physicians. The transfer center will capture patient medical and demographic information, facilitate communication between providers and handle patient placement, in an effort to reduce the complexity of patient flow within the system.</p> <p>Strategy #5: Spearfish Regional Hospital will continue to collaborate and contract with Prairie Hills Transit to provide patient transport services between facilities and home after discharge for patients who are lacking transportation. This allows access to transportation and facilitates timely discharge and efficient patient flow throughout the health system.</p>
Anticipated Outcomes	<ul style="list-style-type: none"> • Increased staff awareness of available resources for patients in need • Increased patient referral to available resources • Reduced complexity of health care system • Reduced overuse of the Emergency Department • Improved transportation to medical care • Assistance to individuals experiencing insurance instability

CONDITIONS OF AGING

Community Partners

- Assisted living facilities
- Physicians
- Skilled nursing facilities

Timeframe

FY2014-FY2016

Scope

Elderly residents of assisted living and skilled nursing facilities

Strategies & Objectives

Strategy #1: In response to identified conditions of aging, anecdotal information from patients and families, and demographic make-up of the community, Spearfish Regional Hospital is in the early stages of developing a palliative care pilot. This pilot will address palliative care in the local elder population via partnerships with local skilled nursing facilities and assisted living facilities.

Anticipated Outcomes

- Increased use of holistic, patient and family-driven care plans
- Increased patient and family quality of life and satisfaction through management of their acute, chronic or end of life care
- Identification of goals for living before there is a health crisis
- Coordination of care for streamlined navigation of health care system

DIABETES

Community Partners

- Connect Spearfish
- Rapid City Regional Hospital
- Regional Medical Clinics
- South Dakota Department of Health
- Spearfish Regional Surgery Center

Timeframe

FY2014-FY2016

Strategies & Objectives

Strategy #1: Diabetes Prevention: Partner with Regional Medical Clinics to promote community diabetes prevention programs.

Strategy #2: Diabetes Screening: Spearfish Regional Hospital will continue to develop and implement evidence-based diabetes protocols. Currently Spearfish Regional Hospital is working with diabetes care specialists from Rapid City Regional Hospital to develop new staff education, tools, screening, and management protocols in the areas of Emergency Department, Obstetrics, Medical/Surgical and Surgery.

Strategy #3: Diabetes Management: Spearfish Regional Hospital recognizes that providing consistent, evidence-based diabetes care will assist in the long-term goal of decreasing diabetes related morbidity and mortality in our community. Spearfish Regional Hospital will participate in the system-wide collaborative Diabetes Care Management Pilot being developed through Regional Medical Clinics. Recommendations resulting from the pilot will be implemented at Spearfish Regional Hospital and the hospital will participate in resulting community-wide education efforts.

Anticipated Outcomes

- Reduction in the number of individuals with diabetes in our community
- Increased identification and education of previously undiagnosed people with diabetes that are receiving care at Spearfish Regional Hospital
- Consistent diabetes management throughout the continuum of care
- Reduced impact of diabetes in patients with multiple co-morbidities
- Reduced long-term diabetes morbidity and mortality rates in our community
- Community wide education on evidence-based diabetes management
- Staff that is competent and knowledgeable on evidence-based diabetes management techniques and education strategies

INJURY & VIOLENCE PREVENTION

Community Partners

- Ambulance services
- Day care providers
- Driver education programs
- Hunter safety course providers
- Lead/Deadwood Regional Hospital
- Regional Trauma Coordinators
- Schools
- Spearfish Recreation and Aquatic Center

Timeframe

FY2014-FY2016

Strategies & Objectives

Strategy #1: Spearfish Regional Hospital will address the identified needs related to injury and violence through the Spearfish Regional Hospital Trauma Program. Education and outreach are important components of the trauma program. In addition to current community outreach performed via the trauma program, specific educational modules will be created to address seat belt usage, appropriate motor vehicle child restraint usage, and firearm safety in the home.

Anticipated Outcomes

- Increase in reported car seat and seat belt usage in children
- Decrease in the amount of firearms related injuries

MENTAL HEALTH & MENTAL DISORDERS

Community Partners

- Behavior Management Systems
- Black Hills Behavioral Health Collaborative
- Black Hills State University
- Butte County Mental Health Board
- Crisis Care Center
- Front Porch Coalition
- Lawrence County Mental Health Board
- South Dakota Foundation of Medical Care – Community Transitions Coalition
- The Helpline Center
- VA Health Services

Goal

To develop collaboration between multiple community agencies to improve access to mental health care and assist in the continued development of mental health services.

Timeframe

FY2014-FY2016

Strategies & Objectives

Strategy #1: Behavioral Health: Via the Northern Hills Community Health Team, an assessment of current behavioral health resources will be conducted utilizing resources such as the Helpline Center and the 2012 Black Hills Mental Health & Substance Abuse Service Needs Survey. This assessment will include, but not be limited to: number and type of behavioral health specialists available in the Northern Hills, current usage of these professionals, and what types of services these specialists are capable of providing. This will be the basis for the long-term goal of addressing the identified needs of access to behavioral health services, suicide rate and substance abuse.

Anticipated Outcomes

- Definition of the current need for mental healthcare services in the Northern Hills

Adoption of Implementation Strategy

On June 26, 2013, the Board of Regional Health met to discuss this plan for addressing the community health priorities identified through our Community Health Needs Assessment. Upon review, the Board approved this Spearfish Regional Hospital Implementation Strategy and the related budget items to undertake these measures to meet the health needs of the community.

Regional Health Board Approval & Adoption:

By Tom Morrison, Chair, Regional Health Board Date

By Larry Veitz, Chief Executive Officer, Spearfish Regional Hospital Date